



Every year in sub-Saharan Africa, 280,000 mothers die in pregnancy and childbirth for want of the simple, affordable and reachable medical care that women in other parts of the world take for granted. As a result, 1.5 million African children a year are left without a mother because she dies trying to give birth to a brother or sister. The worst problems are in the remotest and poorest places, where there is little medical care.

The **African Medical and Research Foundation (AMREF)** is dedicated to delivering better health for Africa. Founded in Africa in 1957, we have grown into a major health development organisation that specialises in helping poor and remote communities. **AMREF** is the only organisation in Africa that has trained health workers for over 50 years.

AMREF is deeply concerned about the needless deaths of African mothers. Most of these lives could have been saved by midwives with good training and basic equipment. Our appeal, 'Stand Up for African Mothers', has been launched to draw attention to the plight of mothers and raise money to train more health workers and equip more health centres.